

How Much Does a Sleep Study Cost?

CPT Codes and Prices

A home sleep apnea test typically costs \$150 to \$600 cash, while an in-lab sleep study ranges from about \$800 to over \$3,500; the CPT code, facility type and insurance determine what you pay.

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Sleep study pricing is confusing because the same test can be billed several ways. Knowing the **CPT code** is the fastest way to compare apples to apples.

Common sleep study CPT codes

| Code | Description | Typical US cash range | |---|---|---| | 95806 | Unattended home test: airflow, effort, oxygen | \$150–\$500 | | 95800 | Unattended home test with peripheral arterial tone and sleep time | \$200–\$600 | | G0398 / G0399 / G0400 | Medicare home sleep test codes by channel count | Medicare fee schedule | | 95810 | Attended in-lab PSG, diagnostic | \$800–\$3,500 | | 95811 | Attended PSG with CPAP titration or split-night | \$1,000–\$4,000 | | 95805 | Multiple sleep latency or maintenance of wakefulness test | \$800–\$2,500 | | 95782 / 95783 | Pediatric PSG, under age 6 | Varies widely |

These ranges reflect typical market rates, not quotes.

What drives the price

- **Setting:** hospital-based labs often bill a facility fee.
- **Components:** the technical fee (recording) and professional fee (physician read) may be billed separately.
- **Network status:** both the lab and the reading physician must be in network.
- **Deductible:** with a high deductible, the cash price may be lower than your negotiated rate.

How to lower your cost

1. Ask whether a home test is appropriate for you.
2. Ask for a split-night study instead of two separate nights.
3. Compare independent centers with hospital labs.
4. Request the all-in self-pay price in writing.
5. Confirm prior authorization before the test date.

Use our directory to compare sleep centers and home test providers near you.

Frequently asked questions

Does insurance cover a sleep study?

Most plans, including Medicare, cover a medically necessary sleep study, often with prior authorization. You still owe your deductible and coinsurance.

Why is a hospital sleep study more expensive?

Hospital outpatient departments usually add a facility fee on top of the technical and professional charges, so the same CPT code can cost much more than at an independent sleep center.

Can I pay cash for a sleep study?

Yes. Many sleep centers and online home-test services publish self-pay prices, and uninsured or self-pay patients can request a Good Faith Estimate before the test.